



PADEL

— 2024 Winter/Spring Weekly Schedule —

AM

PM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Padel Clinic (Advanced Beginners) 9:00-10:30am (Rating 2.0-3.0)	Padel Clinic (Beginners) 9:00-10:30am (Rating 1.0-2.0)	Padel Clinic (Low Intermediate) 9:00-10:30am (Rating 3.0-3.5)	Padel Mixer (Low Intermediate) 9:00-10:30am (Rating 3.0-3.5)	Padel Clinic (Advanced) 9:00-10:30am (Rating 4.0-4.5)		
		Padel Clinic (Beginners) 10:30am-12:00pm (Rating 1.0-2.0)			Padel Mixer (Advanced Beginners) 10:30am-12:00pm (Rating 2.0-3.0)		
	Junior Chiquitines (Ages 6-9) 4:00-5:00pm	Junior Chiquitines (Ages 6-9) 4:00-5:00pm	Junior Chiquitines (Ages 6-9) 4:00-5:00pm	Junior Chiquitines (Ages 6-9) 4:00-5:00pm	Junior Match Play (Ages 12+) 4:00-5:00pm		
	Junior Future Stars (Ages 10-14) 5:00-6:00pm	Junior Future Stars (Ages 10-14) 5:00-6:00pm	Junior Future Stars (Ages 10-14) 5:00-6:00pm	Junior Future Stars (Ages 10-14) 5:00-6:00pm			
PM	Padel Clinic (Intermediate) 6:00-7:30pm (Rating 3.5-4.5)		Padel Clinic (Low Intermediate) 6:00-7:30pm (Rating 3.0-3.5)				

Private Lessons Available Upon Request

All registrations must be made through



For more information contact Ximena Trujillo at 305-365-4300 or email x.trujillo@cliffdrysdale.com.
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DESCRIPTIONS:

Padel Clinic (Beginners)

The beginner padel clinic is a structured lesson designed to introduce new players the basic of the sport. As the participants become more comfortable with the basic strokes the instructors will introduce some basic drills and games to help them practice what they have learned.

Padel Clinic (Advanced Beginners)

The advanced beginner is more in depth lesson designed for players who have some basic experience with the sport and are looking to improve their skills. More challenging drills will be introduced as well as point-based games, where the instructor will provide feedback on strategy and shot selection.

Padel Clinic (Low Intermediate)

Padel clinic low intermediate will focus on refining the technique and footwork. The drills and point play will be with specific rules, so the players can get more comfortable playing with different scenarios. Court still be divided by skill level.

Padel Clinic (Intermediate)

Are you somewhere in between the fundamentals and advanced point play? Try our Intermediate Clinic, built for players looking to enhance their strategic and point play capabilities in padel alongside players of a similar level.

Padel Clinic (Advanced)

Designed for players who have mastered lobs, volleys, bandejas and hitting the ball off the wall, Advanced Clinic will introduce you to new players, match play tactics and advanced padel strategy.

RATINGS:

Beginner Level / Rating 1.0-2.0

1. Player has no experience and is just starting to play. 2. Developing basic motor skills 3. Learning basic court & racquet feel.

Advanced Beginner Level / Rating 2.0-3.0

1. The player is building confidence with shots and is consistent at a medium pace. 2. Familiar with fundamentals. 3. Working on getting ball into play.

Low Intermediate Level / Rating 3.0-3.5

1. The player is building confidence with the shots and its consistent at a medium peace. 2. Developing ball contro. 3. Can sustain full rally.

High Intermediate Level/ Rating 3.5-4.5

1. Player has control and peace. 2. Generally a consistent player 3. Previously racquet skill fall into this category. This player has expertise constructing padel points.

Advanced Level/ Rating 4.0-4.5

1. Strong footwork and net play. 2. Mastered use of power and spin. 3. Strong shot anticipation & ball control.

Clinic Policies and Procedures:

Clinics will be canceled due to inclement weather or temperature below 35 degrees. If 1 person shows up for a 1 hour clinic then they will receive a 30 minute private lesson and the 1 ½ hour clinic will be a 1 hour private lesson.